

TACHI-WAZA: KOSHI-

O-GOSHI.



HARAI-GOSHI.



UCHI-MATA.



SODE-TSURI-KOMI-GOSHI.



HANE-GOSHI.



KOSHI-GURUMA.



TSURI-KOMI-GOSHI.



USHIRO-GOSHI.



UTSURI-GOSHI.

